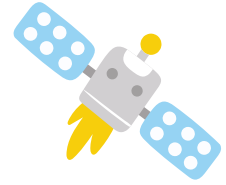


Global Mindsets,  
*Noble Hearts*



**WESTIN**  
SCHOOL



# Newsletter

# KINDERGARTEN

August 2024



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# READING BOOKS




## THE BENEFITS FROM READING BOOKS!

Reading helps expand vocabulary and improves language skills. It exposes kids to new words and sentence structures, enhancing their ability to communicate effectively. Through characters and stories, kids can explore different emotions and situations, which aids in developing empathy and emotional intelligence.



## This Week In K2 A

A group of children in school uniforms are sitting at a table, reading books. One child is pointing at a page in a book, and another is looking at it. The table is covered with a green cloth.

In their free time, K2 A students enjoy reading books with their friends, creating a fun and interactive experience. They gather together to explore colorful picture books and simple stories, sharing their favorite parts and discussing the characters. This activity not only sparks their imagination but also helps them practice early reading skills and build social connections. Through these group reading sessions, they learn to express their thoughts, listen to others, and develop a love for stories and learning.

# HOW IMPORTANT ARE FOLDING & STICKING ARTS ACTIVITIES FOR KINDERGARTEN 1

## Be Creative, Be You

Paper folding is an age old technique used to teach children the art of folding paper to create unique shapes. The main objective of this paper folding craft is to increase memory, concentration, mental ability and eye hand coordination among children from a very early age. Folding exercises encourage independence, confidence and fine motor skills



## This Week In KI-C

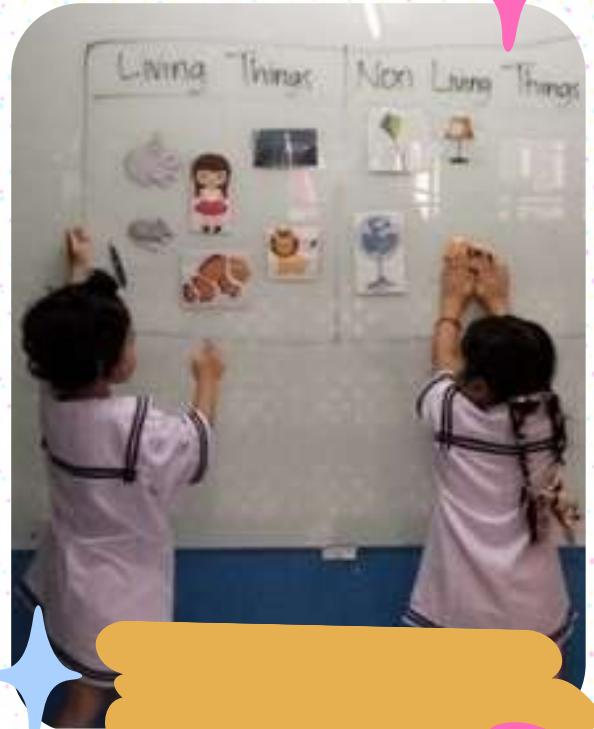
In K1C, they make "Airplane Origami Paper". They learn to listen and follow directions. They learn creativity and perception and surprisingly they learn to relax. In a world where so much is rushed, sitting quietly and folding paper figures can bring a sense of balance and peace to even young children. They were happy with the result and take home their work.





## WHY IS IT IMPORTANT FOR CHILDREN TO LEARN ABOUT LIVING THINGS AND NON LIVING THINGS?

Learning about living and non-living things is a crucial foundation to all life sciences, life cycles, biology and ecology. Thinking about living things may be easy, but non-living things are more abstract. Students should be able to group living things together to see the important characteristics they share.



### Learn and have fun together with K1 class

K1 class had learn about living things, when kids learn about the challenges animals face, like losing their homes or dealing with pollution, they start to feel empathy for them. From learning about this empathy makes the students want to protect and take care of their natural environment. By teaching kids to respect wildlife, we also teach them values like kindness and compassion.



# YOGA KIDS

## AN ACTIVITY WITH LOTS OF BENEFITS FOR CHILDREN

In contrast to yoga for adults, yoga for children uses simpler movements and is adapted to children's conditions. Movements must be made as simple as possible so that children can easily imitate them, as well as fun and interesting movements. The reason is because small children cannot yet coordinate their bodies for complex movements. Yoga for children looks like play. Children are usually invited to imagine when moving, making it easier for them to follow each yoga movement.



### This Week In K2A

Every parent definitely wants their child to grow up healthy and experience growth and development appropriate to their age stage. But unfortunately, not all children want to do physical activity or sports. Yoga kids is the right solution to encourage children to do physical activity which definitely has a lot of benefits.

Here are some of the benefits of yoga for children:

- Increases children's muscle strength and flexibility and improves blood circulation which is good for children's health.
- Sharpen children's imagination.
- Relieves stress. Increase children's focus and concentration through yoga movements, children will improve their gross and fine motor skills
- Increase self-confidence



# SHOW RESPECT FOR YOUR CLASSMATES AND TEACHERS



In our class, respect is all about being kind and understanding to each other. We use good manners, share, and take turns so no one feels left out. When we respect each other, it makes a good learning space where we can all grow

## Work quietly so you don't disturb others

When we work quietly, we help our classmates concentrate on their own tasks. Whether we're reading, writing, or creating art, keeping our voices low assures that everyone can focus and do their best work without distractions



## Always listen when someone is speaking

Listening is an important way to show that we care about what others have to say. When someone is talking, we give them our full attention by looking at them and not interrupting. Therefore everyone has a chance to share their thoughts and ideas.



**We listen!**

## WIPE, WIPE, WIPE



## CLEAN UP AFTER YOURSELF

After we finish an activity, we make sure to tidy up our space. Cleaning up after ourselves helps keep our classroom neat and organized, making it a nicer place for everyone to enjoy. It also teaches us to be responsible and take care of our things.

For example here, after snack time, we always make sure to clean up our table. Throwing away trash, wiping the table, and putting our lunch box where they belong. This help to keep our classroom clean and ready for the next activity, and it shows that we care about our shared space.

# THE BENEFITS OF TAKING CARE OF PETS



At Westin School Meruya, learning about pet care is an important aspect of character education. Understanding the essentials of food, water and a comfortable environment that is basic needs of pet. Caring for pets can improve communication and social skills, as student often engage in conversations about their pets and participate in pet-related activities. Encouraging empathy and responsibility towards animals help students understand the value of treating animals with kindness.



**Feeding birds**

## This Month In Nursery & K1 A

Every morning after the assembly, Nursery and K1 classes feed the birds and fish, which the school pets. They are very happy and always excited when feeding pets. Every kids have already given each animal a name. This month the students has known portions size and feeding frequency. This activity teach students to always line up when feeding the pets.



**Feeding fish**



# PLAY AND ITS USE IN EARLY CHILDHOOD DEVELOPMENT

## Playing is a basic right of early childhood

Playing is a basic right of early childhood. Playing is an activity to express oneself without coercion with a feeling of joy. In early childhood, playing can provide many benefits to their development. The benefits of playing can develop moral, motor, cognitive, language, and social development aspects of children. The benefits of playing are not only felt when done with a group of friends, but playing alone can also provide its own benefits for early childhood



play together



play puzzle together

## Some of the benefit of playing in early childhood

- 1) Internal motivation, where children play activities of their own free will and without coercion.
- 2) Active, namely when children do various activities that involve physical and mental functions.
- 3) Non-literal, meaning children are able to do anything they want, regardless of reality such as pretending to play something.
- 4) Do not have external goals that have been set in advance





# A DOCTOR'S DAY IN THE TODDLER AND NURSERY



**Dressing up as doctors and nurses**

## Have you ever wondered what it's to be a doctor?

Our little ones recently had a fun time pretending to be doctors! We turned our classroom into a busy hospital, with doctors, nurses and patients. Our little doctors and nurses used toy stethoscopes, thermometers, and bandage to learn about different medical things. They check their friends, gave them "medicines" and even put bandages on pretend cuts.



## THIS MONTH IN TODDLER AND NURSERY

This pretend play helped our children learn to be kind, talk to others, and solve problems. They also learned how important it is to help others and stay healthy. It was so wonderful to see how happy and excited they were while playing their roles. We're really proud of our little doctors and how they took care of their patients!



**Pretending to be sick**

# Independence Day

## FREEDOM!!!!

On August 19, 2024, Westin Kindergarten held competitions to commemorate Indonesia's 78th Independence Day. There were various competitions such as jumping through hula hoops while passing a ball, cardboard relay races, and many more. The children looked happy with the events, and it is hoped that these competitions will foster a sense of nationalism in them



## What are the benefits of these competitions?

Competitions that have been held offer many benefits for children's growth, such as developing gross motor skills, training teamwork, instilling nationalism values, and building good communication skills among peers



# HAND SIGN

## What is Hand sign?

Signature means a music teaching technique that uses hand movements as tone symbols. This technique converts notation functions into hand movements that are easy to understand.

Signatures can be used to recognize the notes do, re, mi, fa, sol, la, and si.



## Goal of using Hand sign Method in music

The hand sign method is a learning approach used to illustrate notes with symbols or different hand positions and shapes for each note.

Hand signing with the function of imagining the tone and knowing the pitch and pitch with hand movement. Hand sign technique is music teaching that uses hand movements as tone symbols.



# BUTTON UP: HANDS-ON SEWING FUN!"

**Sewing buttons and using yarn can be quite beneficial for kindergarten students for several reasons:**

- **Fine Motor Skills:** These activities help develop hand-eye coordination and strengthen the small muscles in their hands, which is essential for writing and other tasks.
- **Problem-Solving:** Kids learn to troubleshoot when things don't go as planned, such as when a button doesn't fit or yarn tangles.
- **Patience and Focus:** Completing a sewing project requires concentration and perseverance, helping children develop these important skills.
- **Social Skills:** Working in pairs or small groups promotes teamwork and communication as they share tools and ideas.
- **Self-Esteem:** Successfully completing a project boosts confidence and encourages a sense of accomplishment.



## FUN AND CHALLENGING ACTIVITY FOR K2 C

**Absolutely! Sewing buttons is a wonderful blend of fun and challenge for K2 students. Here's why it's especially engaging:** The feeling of fabric, buttons, and yarn can be really enjoyable for kids as they explore textures. This activity not only teaches practical skills but also boosts confidence and creativity in a fun way, they can choose colors and designs, allowing them to express their individuality.

# PLAY WITH WATERCOLORS

## PAINTING WITH PAINT

Painting with paint is very exciting. Children are free to move their hands lightly, it does not require more energy than painting with crayons, markers, let alone colored pencils. Another advantage is that the paint colors can be mixed homogeneously so that children can explore the color mixture. Initially, children use brushes, but usually when their fingers have touched the cold paint solution, children prefer to paint and fingers.



**K I A**

### Benefits of Letting Children Play with Watercolors

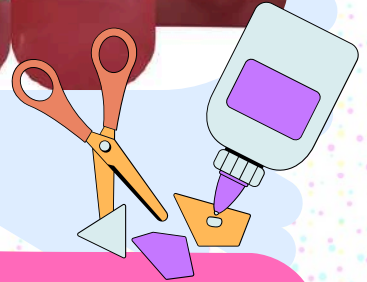
1. Increase creativity.
2. Increase color insight.
3. Help children get away from gadgets.
4. Train concentration.



# COLLAGE ART

## Collage Art Using Plastic

Collage provides children with a wide range of learning opportunities. They learn about design, patternmaking, dimension, and composition and develop practical skills such as gluing, cutting and tearing. Their concentration skills are tested as they learn to solve problems and develop their own ideas.

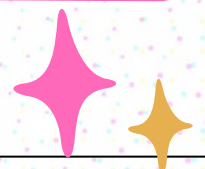


**K1C**



## WHY IT'S GOOD FOR CHILDREN

- Build fine motor skills
- Develop child's awareness of colour & texture
- To bring together visual elements to explore their commonalities



# THE HOP IS A FUNDAMENTAL MOVEMENT SKILL



Before learning to hop on one leg, young children will need to have developed some degree of dynamic balance and have the ability to jump with both feet clearing the ground. Hopping is a more advanced skill and usually develops between the ages of 5 and 7.

## Benefits of jumping with one leg

When the students standing on one leg and jumping to another hula hoop, children are doing really strong body work – balancing by engaging all of the large muscles in the core, hips and legs.

**KI-BD**

